

What is VishnuSahasranama?

The Bhagavad Gita is the root of the tree, while the Vishnu sahasranama is the fruit, with the style of Anushtupachhanda; is a universal prayer to chant a thousand names of God and visualize the greatness of the creator. There are many commentaries on Shri Vishnu Sahasranama. Sri Sri Shankara was the first person to make a commentary providing an Advaita point of view. The function of the prayers written in these key verses has been manifold; It gives the satisfaction of listing the names of the Lord and praising Him. It is a way of passing the collection from one generation to the next through the shruti-smriti method of learning, in which no written material is preserved.

